

# PARENT – YOUNG PERSON SAFE PARTYING AGREEMENT

Adapted from *Thrills Without Spills: An educational resource guide to promote safer celebrations by senior school students.*

## (suggestions for content)

### **We both agree** (applies to both young person and parent)

- not to drink alcohol unless we discuss it prior to the event and/or
- aim to stay within safe limits if we drink alcohol (agree on amount and/or types of alcohol)
- to arrange/seek safe transportation home if we have been drinking or if the friend/relative who is driving has been drinking
- to leave emergency contact numbers when not at home.

### **Young person**

- In an emergency, I will call you any time I am in a situation where I cannot get home because I have been drinking, a friend who is driving has been drinking, or I do not feel safe at a party.
- I agree to give you accurate details of my whereabouts and arrangements for the party in case I should find myself in an emergency situation, or in case there is an emergency at home.
- I agree to make agreements with my friends about looking out for each other and having a back-up plan if things go wrong at a party. For example, my friends will contact you for help if I am not able to.

### **Parent**

- In an emergency, I agree, without any argument at the time, to come and get you at any hour, from any place, or I will pay for a taxi to bring you home. We can then discuss the matter at a more appropriate time.



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## We both agree

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.....  
.....

## Young person

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.....  
.....

## Parent

.....  
.....  
.....

Young person's signature:.....

Parent/Guardian's signature: .....

Date: .....

